

Where are we located?

We are approximately 3 miles off Route 28— on Route 126 , heading south towards Strafford. We are on the left. To get to the barn, follow the dirt drive that runs along the fence line. The barn is at the bottom of the hill. Parking is available next to the barn.



For more information or to sign up for a session, please contact us by phone or email. We also welcome volunteers to help with our program.

**710 South Barnstead Rd.
Ctr. Barnstead, NH 03225
603-269-0127
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icantri@yahoo.com**

Mountain View Equestrian Center

I CAN TRI PROGRAM

Therapeutic riding intervention



710 South Barnstead Road
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Sarah Williams

has had a passion for horses & riding since a young age. She has over 11 years of experience in riding, competition, & working with horses.



Pam Laurencelle

has been riding and working with horses for over 25 years. She has been a Mass licensed instructor for 14 years. She enjoys working with children and adults of all ages and abilities. She has a significant amount of experience in the area of therapeutic riding.



About Us

I CAN TRI PROGRAM

(Therapeutic Riding Intervention)

Primary Purpose: to collaborate with area public schools and public agencies to provide a high quality, nontraditional intervention program to meet the special needs (developmental, behavioral, social, emotional) of individuals age 4 years and older.

Core Beliefs:

- **Everyone can learn.**
- **All behaviors can be changed.**
- **High quality intervention must be matched to the special needs of the individual.**
- **Effective intervention design is best made when directed by research based data.**

Each session is 6 weeks—1/2 hour per week. Cost for the program is \$300 per session.

Some benefits of this program include:

- ♦ **developing balance & rhythm**
- ♦ **Increasing motor skills through sequencing, patterning, & motor planning**
- ♦ **increasing sensory integration**
- ♦ **increasing general physical fitness**
- ♦ **increasing self confidence**
- ♦ **developing social skills**
- ♦ **building self confidence**
- ♦ **Increasing ability to follow directions**
- ♦ **Aid in developing a good educational base (shapes, colors, size, number identification)**